



The Sky is the Limit: Autism Lights Up the World!
By Kerin Bellak Adams
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Until approximately 2019, autism was viewed as an impediment to living a productive and fulfilling life. All that changed with an amazing TV episode in 2021 produced by CBS called “Recruiting the Talent . on the Autism Spectrum” From this segment, the author Kerin Bellak Adams, as a author of books and articles wrote this article. Now the sky is the limit because although many non verbal autistic people are not expected of much, they can often do amazing things that no one thought not possible or ever considered. Statistically, now 1 out of 50 are diagnosed with Autism and it used to be much less often~ Just as they have found this to be true of ADHD. *What are the causes you might ask?* Well, there probably are a lot of factors. But we are just at the beginning of exploring this ongoing aspect of our societies globally.

A divorced father started bringing his non-verbal autistic son to our house of worship, and I would be the only one to run to get the boy a folding chair. Well, only after a few months of doing that, one day, when I was standing by his dad, the boy pulled me by my right arm and as close as about 12 inches from his face, and with his beautiful brown eyes looked right into mine, as if to say “Thank you for caring about me”.

In my private work in ADHD and Autism, a 5 year old who was just diagnosed with Autism was brought to me and he said “Lets play chess! Only five minutes after looking at my face, he replied” hmmm, looks like Chess is to hard for you, so lets play cards”

Some of the most famous of people -Elon Musk, Albert Einstein, Michael Phelps all have had their own struggles but once a person finds out what they love, the sky is the limit!

Some autistic people have acute imaginations, visual memories, and exceptional thought-processes. Their brilliance enables them to find unique solutions to cybersecurity and data analysis. As a result, these individuals may command a six-figure salary. They can become independent and live on their own. It’s as if the baby kangaroo leaves the pouch!

HR/Autism- In the past several years, many large companies such as Microsoft, Ernst and Young, and SAP in the UK have become aware of the benefits of hiring autistic employees for their special abilities.

An employee’s assignment was to make sense of data from NASA’s Kepler Telescope. He built an interactive software program called Filtergraph, which was featured in a segment on CBS, “Recruiting the talent on the Autism Spectrum.” That led to NASA signing a license agreement!!! WOW.

Clinical psychologists, or clinical neurologists use the CAT to diagnose Autism with other assessments assessing social dynamics, emotional regulation Just as the CAT has been used by students for dissertations or as students in Masters programs.

The history of the CAT- This assessment used globally, was originally created by Dr. Leopold Bellak in the early 1950’s. Not until 2014, was a film presented using the CAT in Autism! It’s a short 53

minute film called *The Kangaroo Complex*, as an educational documentary on autism (Brussels: Plexus Production). The film provides a realistic, yet hopeful perspective for parents and caregivers on the various ways there may be potential with Autism.

Leo the Lion and The Kangaroos – On Autism.

This upcoming short picture book is for all ages and has a theme has a soft approach. Kangaroo families struggling with Autism! One of the CAT cards is that of a mother kangaroo that is hopping down a road with a basket of groceries. The baby is in the pouch. The older kangaroo sibling is behind her on it's bicycle. The theme of the book is that eventually Leo the Lion one day decides from a mountain top after observing the parent kangaroos struggling, day after day with his binoculars' he made up his mind to try and think of a plan to rescue all the families that are constantly frustrated with their babies who have autism. In the book there are 5 CAT card illustrations and the book can be read along with the set of the 10 cards.

HOPE comes in many ways: Not everyone's son or daughter may end up like the famous Kobe Lee who won Americas Got Talent in 2022, after performing on the piano with his amazing voice!! Or a young boy who was adopted at birth because his mom was a drug addict and when he was introduced being totally blind, he corrected his new dad by saying he was 17 not 15 and the whole audience laughed out loud!

About the Author

Kerin Bellak Adams, is the daughter of the late Dr. Leopold Bellak. She received her BAT in psychology at Hofstra University and is the author of ADHD Success! Solutions To Boosting Self Esteem The Diary Method Ages 7-17 on www.reachbeyondADD.com. She began her career in mental health in 2003, in ADHD. Although working with all ages using her workbook at times was very effective, she then became the CEO of CPS Publishing LLC in 2005. She created the first edition of the CAT- A in color. It did so well, she created the CAT H color edition. Then in 2021 she created the BAT assessment. Her upcoming books will be announced once they are published.

CPS is on the look-out! CPS is looking for students studying to become clinical psychologists or also professional neuro-psychologists, who are interested in studying projective tests such as the CAT and the BAT and TAT Thematic Apperception Test).The goal is to do research based on the CPS Research Design given to those selected. Ideally we are looking for students to do the research within 2023. If possible... All applicants can be directed via Euroamericana.