

CPS Newsletter

May 2024

Welcome everyone!

New assessment

CPS is proud to announce their latest assessment the BAT. Bellak Apperception Test- both in black and white and color editions!

<u>The BAT</u> is multi-cultural and has 5 cards. The manual is only 5 pages and the test can be administered in approximately 20- 40 minutes! <u>Its being presented at the Rorschach Conference</u> in Denmark by Dr. Roman Pascal's colleague from Switzerland!

PSYCHOSOMATIC REACTIONS TO SIBLING TRAUMA. A CASE STUDY WITH PROJECTIVE METHODS

Dr. Vincent Quartier University Of Lausanne The Bellak Apperception TEST: A new colored narrative assessment Abstract in English

Introduction

The Bellak Apperception Test (BAT) is a new thematic projective assessment with a multicultural perspective. Comprising 5 cards, each available both black and white and multi-color versions. The inclusion of color is intended to enhance emotional content within the narratives. No study has been published to date on this new material and the latent content (or themes) of the cards remains to be investigated.

Methodology

This study aims to identify themes discussed by 40 typical young adults aged 18 to 25 and to investigate the specific influence of color on narrative production. Stories analysis methods include the Abrams Checklist of emotion words, the Social cognition and Object Relations Scale (SCORS-G), and discourse process analysis following the French school of projective methods.

Conclusion

The results will clarify the impact of color on emotional expressiveness, representations of relationships and understanding of social causality, and the narrative and defensive processes involved in story production. This new projective tool, tailored to multiculturalism, may provide an alternative means of exploring internal representations through the generation of narratives.

<u>Autism</u>

Kerin has completed her second book <u>Leo the Lion and the Kangaroos</u>! There will be a 3 minute video of what to expect soon on our website! (Congratulations on publishing a book that will positively benefit people on the autism spectrum and their families! We believe your book will resonate well with our community of more than 105,000 readers. Autismparentingmagazine.com)

(This is a short educational book of approximately 25 pages which features four color CAT cards from the CAT A color edition. This book is a positive, and educational book, based on Card # 4. It is solution based for employment needs and hopes that this book will be used to help dialogue and brain storm solutions!

<u>ADHD</u>

Kerin was recently interviewed by All Entertainment Media company

https://ppn-worldwide.simplecast.com/episodes/6551-kerin-bellak-adams-04-11-24-add-speakerand-educator-phill

Neuropsychologists!

CPS wants to hire a neuropsychologist to do some research. We have the outline for the research.

"As a psychologist, I have found thematic apperception tests such as the CAT are a good way to get a behavioral sample, verbal abilities, and a sample of social cognition; as well as the traditional use as an assessment of mood, attitude, beliefs, and expectancies.

We use thematic apperception tests when we think schemas from prior stages of life which may negatively affect their healing process. This is especially true of prior trauma and somatization tendencies, affecting recovery from a current injury. In addition, we use the CAT to observe perspectives, degree of imagination vs concreteness and character organization. This includes the ability to verbalize thoughts. We use the CAT to determine the degree of imagination, versus concreteness, plot and character organization, etc. Schools send us kids that may seem atypical and their own staff aren't quite sure how to understand a child and how to address his/her unique needs."

Dr. Ronald Turner of Catskill Neurology 2023